MID NORTH COAST

THERAPY AND SUPPORTS

Client Background and History Form

Details of individual attending for assessment:

Name	
Gender	Female ☐ Male ☐ Non-binary ☐ Other ☐
Date of birth (DD/MM/YYYY)	Age at assessment:
Racial/ethnic background	
Preferred language	
Referral source, date, and contact details	
Name of accompanying person	
Relationship to person	
Primary caregiver	
Legal guardian	
Assessment consent completed	Yes ☐
Biological parent/s name	
Place of assessment	
Assessment form completed by	
Date of assessment (DD/MM/YYYY)	

Family and individual concerns:

Current Functional Strengths and Challenges:

(motor, cognition, communication, education, memory, attention, executive functioning, mood/behavioural regulation, adaptive/social, sensory)

Individual History

Prenatal history (e.g., planned or unplanned pregnancy, time of pregnancy recognition, alcohol and other substance use prior to pregnancy recognition, alcohol and other substance use after pregnancy recognition, prenatal stress including family violence, prenatal care, prenatal nutrition, pregnancy complications – gestational diabetes, preeclampsia):

Birth history (e.g., gestational age, APGAR scores, delivery type, any birth complications, any neonatal care):

Medical history (e.g., chronic conditions, injuries, any previous special investigations):

Mental health and behavioural history:

Developmental history:

School or Work History (e.g., current school/work, current teacher/supervisor, change of schools/workplaces, long absences, academic/work progress, current strategies/supports):

Postnatal exposures/events/adverse childhood experiences:

Any justice/child protection issues:

Family and Environmental History

Home environment (e.g., living arrangements, parent/child relationship, extended family relationships and supports):

Family health and support history (e.g., strengths, areas requiring support, mental health/addiction and learning challenges):

Social history (e.g., housing, transportation, financial challenges, community safety, community, or friendship groups, or hopes for community/friendship connections):

Cultural context (e.g., cultural activities, events, spiritual beliefs, cultural identity, sense of purpose, or hopes for future cultural connections)

Marginalisation factors (e.g., LGBTQIA+, refugee)

Current supports and services

Previous supports and services (i.e., what has worked and not worked)

Personal Factors (i.e., both positive and negative influencing factors)

Strengths/interests, activities the individual participates in or other hobbies.

Personal assets, characteristics, or coping styles

Individual factors (e.g., gender, race, age) **and past life experiences** (e.g., experiences of bullying, racism), **expectations**